Improving Access to Psychological Therapies (IAPT) Data Set v2.0 – Data Model

Key:
- Mandatory fields within the table are denoted in bold
- Bold arrows denote the common backbone structure across NHS Digital data sets

Format Key:
- PK: Parent Key
- FK: Foreign Key
- IDS: Improving Access to Psychological Therapies (IAPT) Data Set
- SNOMED CT: Systematized Nomenclature of Medicine—Clinical Terms
- UCUM: Unified Clinical Units of Measure

Summary:
- The document provides a data model for the IAPT Data Set version 2.0, detailing various fields and data elements that are used within the IAPT system.
- The model includes sections for Patient Details, Care Contacts, Activities, and other clinical and administrative data.
- The data is structured to support the tracking of patient referrals, care pathways, and outcomes in mental health services.
- The model is intended to facilitate the exchange of patient data across different healthcare providers, ensuring consistency and completeness in mental health records.

Data Model Overview:
- **Patient Details**: Includes fields such as Patient ID, Name, Date of Birth, Gender, and Contact Information.
- **Care Contacts**: Details about staff involved in patient care, including their roles and contact information.
- **Activities**: Records of care provided, including therapy sessions, support services, and outcomes.
- **Clinical Data**: Includes medical history, mental health assessments, and treatment plans.
- **Referrals**: Information about referrals to and from other healthcare services.

The data model supports the implementation of the IAPT service, ensuring that patient data is accurately captured and recorded to support improved access to psychological therapies and better patient outcomes.

Digital data sets

Document Control
Version Number: 2.0.15
Version Date: 24/10/2019
Status: Final